

THE (UN)DRESS CODE: ETIQUETTE GUIDE TO SPAS AND SAUNAS

Condé Nast Traveler

SPECIAL ISSUE
TRAVEL & HEALTH

TRUTH IN TRAVEL

JUNE 2011

300+
PLACES
TO FEEL
GREAT
NOW

Costa Rica's
RAIN FOREST
WORKOUT
(Kayak, hike, zip-line!)

Sweden's
FOUNTAIN
OF YOUTH
(Freeze, sweat, eat!)

China's
TAI CHI MASTERS
(Punch, kick, focus!)

READERS' POLL

BEST SPAS in the
United States,
Mexico, Caribbean
& Canada

INVESTIGATION

What you *really* need
to know about
travel vaccinations



TOP 250 SPAS

in the U.S., Canada, Central America, the Caribbean, and at Sea

THE VOTES ARE IN!

This year, our annual Spa Poll turns 21. And like any newly minted adult, it is wiser (and larger) than it was in infancy. Case in point: What began as a humble top three in 1990, with the high scorer earning a respectable 81.2, has transformed into a robust collection of 250, with the top-rated spa tipping the scales at 98.8. The winners on the following pages range from a tiny two-room enclave at St. Lucia's Jade Mountain to the 100,000-square-foot behemoth Canyon Ranch in Lenox, Massachusetts. However, what hasn't changed over these past 21 years is the lofty standards to which our readers hold each candidate. Thankfully, quality is ageless.

◀ Heads up: Deluge showers at the Spa at Wynn Las Vegas loosen muscles before massage treatments.

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Photographs by **DAVID DREBIN**

Still lifes by **RICHARD PIERCE**

							
50	Canyon Ranch, Lenox, Mass.	91.2	95.1	90.2	88.3	36	\$130
50	Gaylord Opryland Resort, Nashville, Tenn.	91.2	94.1	91.2	88.2	12	\$130
52	The Breakers, Palm Beach, Fla.	91.1	90.4	90.4	92.6	17	\$175
53	Caesars Palace, Las Vegas, Nev.	91.0	90.6	90.9	91.6	51	\$140
54	Oaks at Ojai, Calif.	90.9	91.9	94.6	86.1	5	\$80
55	Harbor Beach Marriott Resort & Spa, Fort Lauderdale, Fla.	90.8	91.4	87.9	93.1	17	\$130
56	Park Hyatt Aviara Resort, Carlsbad, Calif.	90.7	91.8	88.5	91.7	20	\$160
56	Hotel Hershey, Hershey, Pa.	90.7	90.2	90.2	91.7	53	\$105
56	Ritz-Carlton, Palm Beach, Fla.	90.7	91.3	91.5	89.4	19	\$160
56	The Broadmoor, Colorado Springs, Colo.	90.7	90.0	89.6	92.4	35	\$140
60	Ritz-Carlton, Key Biscayne, Fla.	90.6	91.2	92.5	88.1	21	\$145
61	Fairmont Turnberry Isle Resort & Club, Aventura, Fla.	90.5	92.5	89.6	89.4	23	\$139
61	The Standard, Miami Beach, Fla.	90.5	90.3	87.5	93.8	8	\$135
63	Golden Door Spa at The Boulders, Scottsdale, Ariz.	90.4	90.9	88.3	92.1	24	\$145
64	Park Hyatt Beaver Creek Resort and Spa, Colo.	90.2	90.8	86.9	92.9	23	\$145
64	Snake River Lodge & Spa, Jackson Hole, Wyo.	90.2	88.6	90.9	90.9	10	\$135
66	Red Rock Casino Resort Spa, Las Vegas, Nev.	90.1	88.0	88.2	94.1	23	\$135
67	Caesars, Atlantic City, N.J.	90.0	88.6	91.9	89.5	14	\$140
67	Coeur d'Alene Resort, Idaho	90.0	90.5	91.8	87.8	21	\$115
69	Sunriver Resort, Sunriver, Ore.	89.9	91.3	89.1	89.1	8	\$120
69	Bellagio, Las Vegas, Nev.	89.9	89.9	88.9	91.0	52	\$150
71	Sundance Resort, Sundance, Utah	89.8	94.7	95.0	80.0	6	\$110
72	Canyon Ranch, Tucson, Ariz.	89.6	90.3	89.2	89.1	37	\$130
72	Fairmont Scottsdale, Ariz.	89.6	91.0	88.0	89.9	27	\$169
72	Ritz-Carlton, Laguna Niguel, Dana Point, Calif.	89.6	90.7	89.1	89.1	12	\$195
75	Bacara Resort & Spa, Santa Barbara, Calif.	89.5	90.5	87.4	90.5	36	\$150
75	JW Marriott Desert Ridge Resort & Spa, Phoenix, Ariz.	89.5	92.5	87.2	88.7	44	\$135
77	Grove Park Inn Resort & Spa, Asheville, N.C.	89.4	89.6	87.8	90.9	29	\$109
78	El Monte Sagrado, Taos, N.M.	89.3	92.0	88.0	88.0	10	\$120
78	Gaylord Palms Resort, Kissimmee, Fla.	89.3	89.8	88.1	89.8	25	\$120
80	Biltmore Hotel, Coral Gables, Fla.	89.1	88.9	91.3	87.0	8	\$130
81	Little Palm Island Resort & Spa, Little Torch Key, Fla.	89.0	91.0	91.0	84.8	6	\$175
81	Ritz-Carlton, Amelia Island, Fla.	89.0	89.0	89.8	88.3	12	\$135
83	Ritz-Carlton Golf Resort, Naples, Fla.	88.9	88.3	90.0	88.3	17	\$110
84	Mirror Lake Inn Resort and Spa, Lake Placid, N.Y.	88.7	89.8	93.2	83.1	7	\$110
85	CordeValle, San Martin, Calif.	88.3	85.0	90.0	80.0	6	\$140
86	Marco Island Marriott Beach Resort, Fla.	88.2	94.1	85.3	85.3	24	\$125
86	Nemacolin Woodlands Resort, Farmington, Pa.	88.2	91.7	83.8	89.2	40	\$115
86	Ojai Valley Inn & Spa, Calif.	88.2	86.5	88.4	89.7	22	\$145
86	Willows Lodge, Woodinville, Wash.	88.2	90.3	87.1	87.1	5	\$100
90	Miraval, Tucson, Ariz.	88.1	88.7	90.6	84.9	35	\$130
91	Callaway Gardens, Pine Mountain, Ga.	88.0	89.3	85.7	88.9	13	\$105
92	Inn at Bay Harbor, Little Traverse Bay, Mich.	87.7	90.5	90.9	81.8	7	\$110
93	Sawgrass Marriott, Ponte Vedra Beach, Fla.	87.5	87.5	87.5	87.5	19	\$110
94	Loews Ventana Canyon, Tucson, Ariz.	87.4	88.7	91.7	81.7	8	\$115
94	Ritz-Carlton, Sarasota, Fla.	87.4	86.7	88.9	86.7	12	\$135
96	Mandalay Bay Resort & Casino, Las Vegas, Nev.	87.3	86.8	85.5	89.5	23	\$135
97	Fairmont Sonoma Mission Inn & Spa, Calif.	87.2	86.7	86.9	88.0	36	\$159
97	South Seas Island Resort, Captiva, Fla.	87.2	87.1	90.3	84.4	6	\$115
99	Grand Hotel Marriott Resort Golf Club & Spa, Point Clear, Ala.	87.1	88.6	85.7	87.0	9	\$110
99	Green Valley Ranch, Las Vegas, Nev.	87.1	84.8	87.0	89.4	22	\$135

 Overall score  Treatments  Staff  Facilities  Number of treatment rooms  Basic massage