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Sunset Weekend Trips

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**20 MINUTES FROM
SAN FRANCISCO**

BOOK A ROOM BY THE GOLDEN GATE

2 P.M. **Cavallo Point** is so close to the city, you could walk across the bridge for a glass of bubbly on the porch, where rocking chairs are positioned for a view of those red towers jutting above the hills of the Marin Headlands. The Ultimate Date Night Package (from \$515) includes room, dinner, champagne and chocolates, yoga, and access to the spa. cavallopoint.com or 415/339-4700.

3 P.M. Check in. Some rooms on this WWI-era Army base have a fireplace, original pressed-tin ceiling, and front-row seat to the S.F. skyline.

7 P.M. Sit down for a four-course tasting menu at the hotel's elegant **Murray Circle**.

8 A.M. Join a yoga class in the former base chapel.

—LISA TROTTIER

2 HOURS FROM DENVER SEEK OUT SILENCE

3 P.M. To reach **Shambhala Mountain Center**, you have to drive through the Rockies—a peaceful journey in itself. But you'll find true bliss hiking the trails that weave through these 600 acres of pine forests and meadows. From \$95 per person, including meals; shambhala-mountain.org or 888/788-7221.

6:30 P.M. A buffet dinner leaves you satisfied, but not stuffed. (You know, as it should be.)

8 P.M. With nothing to do but read by the fire, it's early to bed in the lodge.

7 A.M. And early to rise. For breakfast and a morning walk or meditation.

2 P.M. Tour the **Great Stupa of Dharmakaya**, with original Buddhist artwork and architecture. Then sit in silence inside, which is said to promote harmony and health—before it's back to your daily grind. —JAYME OTTO



30 MINUTES FROM SEATTLE FEAST AND SLEEP

6:30 P.M. Tour the **Herbfarm's** edible garden (through Oct), in Woodinville, Washington, nodding hello to the pot-bellied pigs.

7 P.M. Settle in for a nine-course ultra-seasonal meal by chef Chris Weber. Wine and dine your way through the Northwest, from Samish Bay Dungeness crab to Oregon Wagyu beef tenderloin. From \$179 Thu–Sun; theherbfarm.com; 14590 N.E. 145th St.

11 P.M. Still swooning over that 1795 Madeira, stumble across the road to the **Willows Lodge**. From \$199; willowslodge.com or 425/424-3900.

—JESS THOMSON

1½ HOURS FROM ORANGE COUNTY

CATCH THE GAME (FROM A ROOF DECK)

2 P.M. Even a quick trip needs some new threads. Or at least fun vintage finds from San Diego. Stop by **Frock You** for everything from '60s feather bedroom slippers to '80s glam-rock snakeskin boots. 4121 Park Blvd.; 619/220-0630.

5 P.M. Zoom up to the rooftop bar on the ninth floor of **Hotel Indigo**, pull up a couple of wicker chairs around the firepit, and order a local microbrew or two and a few appetizers (far better than the fries you'd get at the ballpark)—then wait for the first pitch across the street at Petco Park. Restaurant \$\$; hotel from \$150; hotelindigo.com/sandiego or 619/727-4000.

9 A.M. If you sleep in any later, you won't get one of the window tables at **Cafe Chloe**, a Parisian-style bistro in downtown San Diego's East Village. It's the best spot to enjoy the street scene as you nosh on a house-cured salmon gravlax tartine, washed down with a pomegranate mimosa. \$\$; 721 Ninth Ave.; 619/232-3242. —DAVID LANSING